STEROIDS



| Anidetes, Michael and Steresis, World Wrong, With The Primer? | ATHLETES, ALCOHOL, AND STEROIDS: WHAT'S WRONG WITH THIS PICTURE? | | GRADES 7-COLLEGE | 23 MIN | New research has indicated that school athletes, both male and female, are at a greater risk of abusing alcohol and steroids than non-athletes. The video and print package explain why the risk is greater (media images, advertising alcohol with sports events, peer pressure), and how knowledge about the problem can be a first step in reducing athletes' alcohol and steroid use. Interviews with coaches, teens and professional athletes highlight the problem and emphasize how alcohol use undermines sports success. The medical health deficits of steroids are clearly presented as well as eye-opening information that explains that steroid use causes breast development in boys and acne and masculine hormones in girls. |
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| More Than This acut to hope to he had a | MORE THAN THIS: ISSUES ON BODY IMAGE | 2009 | TEEN | 26 MIN | The 6th installment in the award-winning MAPLE AVE series focuses on body image issues via the twin lens of steroid abuse and eating disorders and the importance of doing right by others, even when it's personally difficult. |
| | STEROIDS: THE HARD TRUTH | 2001 | TEEN | 30 MIN | Co-hosted by Kevin Sorbo, star of popular TV series Hercules and Andromeda, this program addresses the use of supplements and illegal anabolic steroids by girls as well as boys. In this In The Mix special, teens from across the country discuss the media influence as well as pressure from coaches and friends as contributing to the allure of steroids for sports and self-image. We hear from an ex-user who describes how his use had devastating effects on his life. Medical experts, including the directors of an effective steroid prevention program, explain the dangerous side effects of and the misconceptions about steroids. We also visit a steroid prevention program in the Portland high schools where teens, doctors, physical trainers and a nutritionist show how to build up by eating and exercising the right way. |
| weard CAR WINTS Steering Steering Light Ste | WORDS CAN WORK - STEROIDS: TRUE STORIES | 2006 | TEEN | 20 MIN | Boston Red Sox pitcher Curt Schilling tells about Craig's anabolic steroid abuse. Craig, his parents and sister describe their five-year "nightmare." Nate, 18, builds strength naturally. Roberto Olivardia, Ph.D., Harvard Medical School, answers FAQ. |

